

Friday	5:00 - 8:00 PM
Evening Keynote by <i>Mary Tocco</i> "Making informed vaccine choices for your family"	



July 29th - 30th, 2022  
**Workshop Schedule**

Saturday	8 AM	8:30 - 9:40	10:00 - 11:10	11:40 - 1:00	1:20 - 2:30	2:50 - 4:00
<b>Human Health and Nutrition</b>	Welcome by <i>Melvin Stoltzfus</i>	Family Togetherness- Making Home the Sweetest Place on Earth <i>Jack Fuhrmann</i>	Positive Emotions- The Foundation for Radiant Health <i>Kim Fuhrmann</i>	<b>Noon Keynote by            Kevin Turner</b>  "Understanding Chronic Illness & Auto-Immune Disease as a True Pandemic"	The Benefits of Natural Immunity- Did God Create Us Flawed? <i>Mary Tocco</i>	Q & A <i>Jack &amp; Kim Fuhrmann</i>
<b>Homemaker's Tent</b>	Please visit with exhibitors	Time Sensitive Healthy Food Preparation <i>Ladies' Panel</i>	Preparing Sourdough <i>SunnyAcres Kitchen</i>		Nutrition Based Physiology- Understanding the Digestive System <i>Sheila Fuhrmann</i>	Q & A <i>Sheila Fuhrmann</i>
<b>Homestead Tent</b>		The Virtues of the Family Cow <i>Levi Fisher</i>	Raising Einkorn from Seed to Flour <i>Elmer Esh</i>		Learn from Experienced Growers <i>Produce Panel</i>	Backyard Beekeeping Basics <i>Daniel McCaughan</i>
<b>Farmstead Tent</b>		Transitioning to an All Grass Dairy <i>David Hershberger</i>	What is a Fair Price to Charge for my Products <i>Elam Stoltzfus Sam Fisher</i>		Creating a Silvopasture- Taking Grazing to New Heights <i>Austin Unruh</i>	Maintaining a Silvopasture- A vision for the Future of Farming <i>Daniel Zook Austin Unruh</i>
<b>Horse Arena</b>		Preparing a Horse to be Caught <i>Mike Smucker</i>	Preparing a Horse for Saddle or Harness <i>Shortie Dave</i>		Teaching a Horse to Yield and Accept a Bit <i>Sam Smucker</i>	Advanced Riding <i>Henry King</i>
<i>These demo times, subject to change, will be posted on event day.</i>						
<b>Children's and Other Activities</b>	Large Corn Box Open 8:30 - 2:00	Weaving Demonstration by:	Horse Treadmill Demo	Sheep Herding & Shearing (9:40-10:00, 1:00-1:20)	Barrel Train Rides	Pasture Walk: Managing Annuals in Grazing Operation <i>Melvin Stoltzfus</i> (1:20 - 2:30)

## Overview of Events

### Friday Evening

We are pleased to have *Mary Tocco*, mother of five and grandmother of ten, bringing the keynote message. For forty years Mary has dedicated her life to educating and reaching out to parents, promoting wholistic health. Her topics will include Controversial Vaccine Ingredients, the Autism/Vaccine Connection, and COVID Injections for Your Family.

### Saturday

Join us in the **Human Health and Nutrition Tent** to be inspired by *Jack Fuhrmann*, of Gretna, VA, as he speaks on families working together for God's Glory, laying the cornerstone for making your home a safe, loving environment.

Many of us have little idea how chronic stress effects our health and well-being. *Kim Fuhrmann*, Jack's wife, will share practical teachings about positive emotions and building a foundation for radiant health.

Auto-Immune disease is a true pandemic! *Dr. Kevin Turner*, from nearby Chester County, will be delivering our important keynote presentation during the noon hour. Hear how auto-immune disease and chronic illness go hand in hand. Dr. Turner is passionate about finding the root cause of our health concerns and equipping the body to heal to its full potential.

Following lunch, *Mary Tocco* will discuss God's gift of natural immunity, answering the question, did God create us flawed? Almost twenty years of investigation has led her to be convinced that autism is a man-made health crisis which now affects 1 in 38 boys and 1 in 50 children nation-wide. *Jack and Kim Fuhrmann* will return in the final session of the day to answer your questions.

Join the *Ladies' Panel* in the **Homemaker's Tent** as they discuss time sensitive healthy food preparation. This session will be followed by a demonstration on preparing sourdough, by *Sunny Acres Kitchen*.

Ever wonder how your digestive system really works? Would you like to gain information about the problems you may be experiencing? Join *Sheila Fuhrmann* in the

*Continued on back*

Homemaker's Tent after lunch, where she will help us find the path to optimal health through good nutrition. Stay put for the final session with *Sheila*, where she will take time to answer your questions.

If you're contemplating having your own on-site milk supply, join *Levi Fisher* in the **Homestead Tent** at 8:30 as he shares his enthusiasm for keeping a family cow. *Elmer Esh* raises Einkorn wheat, which he then threshes, dehulls, and grinds for flour. Join *Elmer* in the second session as he teaches about this ancient grain. In the third session we can learn from experienced growers on the *Produce Panel*.

Want the latest "Buzz on Bees?" *Daniel McCaughan*, locally known as Brother Daniel, is a certified and licensed beekeeper who is happy to impart his knowledge of the basics of backyard beekeeping. Daniel will also convey the importance of protecting and saving honeybees.

The first session in the **Farmstead Tent** will feature *David Hershberger*, from Ohio, who will speak on transitioning your farm to an all-grass dairy and leaving a family farm legacy. In the 2nd session there will be a discussion on farm product pricing and avoiding the mistake of underselling your services, with *Elam Stoltzfus* and *Sam Fisher*. After lunch, *Austin Unruh* will explain the how and why of integrating trees and pasture for grazers. The 4th session will include local farmer *Daniel Zook's* experience in maintaining Silvopasture, and a vision for future farming.

Be sure to come to the **Horse Arena** to find out how *Mike Smucker* prepares a horse to be caught.

Now that you caught your steed, learn from *Shorty Dave* how to prepare your horse for saddle or harness.

Since you've now caught and harnessed your horse, would you like to help him accept the bit? *Sam Smucker* will show you how.

We've caught and harnessed our mount, and he willingly accepts his bit, now we're ready to learn some advanced riding techniques with *Henry King*.

Enjoy the Ride!

***Lets Learn Together!***



## We will be providing:

- Educational seminars
- Homemakers advice
- Farmstead ideas
- Children's activities including a Petting Zoo and Corn Box
- Healthy baking, Vegetable Growing and a whole bunch more!

## Food will be available for donations.

If the donations exceed the cost of the event, then the proceeds will be donated to a local cause that is likewise putting forth effort to assist people towards good health by teaching and recognizing good stewardship of God's creation.

## Mission Statement:

*We endeavor to provide an educational basis that promotes down to earth ways to bring forth nutrient dense food for homesteaders and farmers alike, while supporting sustainable and simpler lifestyles that promote cohesive, economical, and healthy, rural living skills. Enabling future generations to farm with a positive attitude and a strengthened motivation.*

All event attendees enter at your own risk.  
We will not be held responsible for accidents.  
Activities are subject to change without notice.

This is an educational outreach of CARE (Communities Alliance for Responsible Eco forming).  
For CARE members and guests, all rights reserved without prejudice.

If you have any questions concerning the event, please call 717-345-2684 ext. 827

# Family Days On the Farm 2022



**This years event will  
be held at:**

**The Melvin Stoltzfus Farm**  
199 Brick Mill Road  
Christiana, PA 17509

July 29th and 30th, 2022  
Friday - 4PM to 8PM  
Saturday - 8AM to 4PM  
(rain or shine)