

July 26th and 27th, 2019
 Friday - 4:00 PM to 8:00 PM
 Saturday - 8:00 AM to 4:00 PM
 (rain or shine)

Family Days on the Farm

This year's event held at:
 The John Esh Farm
 432 Springville Rd.
 Quarryville, PA 17566

• Educational Seminars • Homemakers Advice • Farmstead Ideas • Children Activities • Healthy Baking, Vegetable Growing, and more!

SCHEDULE OF EVENTS

Friday Evening
 5 - 8:00 PM

Gilbert Hostetter
 "How our farming
 practices affect
 our health"

On Friday evening,
 Gilbert Hostetter will
 bring the Keynote
 Address on the timely
 topic of How Our
 Farming Practices
 Affect our Health. This
 will take place in the
 Human Health tent.

Saturday	8 AM	8:30 - 9:40	10:00 - 11:10	11:40 - 1:00	1:20 - 2:30	2:50 - 4:00	
Special Events	Welcome by John Esh	What's Making our Children Sick Rachel Weaver	Rachel Weaver Q & A	Noon Keynote by Jerry Miller "Community Values"	How Toxic Chemicals Are Affecting our Health Maryanne Stoltzfus	ADHD & Learning Disorders Panel Ashley Turner, Gail Delong, "Butter" Nancy Stoltzfus	
Homemaker's Tent		Water Kefir Demo Rhonda Larson	Homemakers Panel Preparing Healthy Food		Tincture Workshop Tanya Bucci	Living Well at Home Janelle Zimmerman	
Gardener's Tent	Please visit with exhibitors	Gardening for Health Gilson Martin	Medicinal Herbs-Using Plants for Health & Wellness Tanya Bucci		Family Friendly Orchardng Gilson Martin	Backyard Composting Jerry Miller	
Farmstead Tent		Pastured Poultry for Beginners Eli Reiff, Mike Badger	Introduction to Beekeeping Bruce Gill		Backyard Beekeeping Ralph Buckles	Meat Curing & Smoking Eli Reiff	
Human Health and Nutrition		Parental Health on Molds and Toxins Kevin Turner	Leading our families to better health Gilbert Hostetter		Vaccines & Autism Gail Delong	Lyme's Disease Chris Turnpaugh	
Horse Arena		Starting a Lively Two Year Old Saddlebred/Dutch Cross Mark & Sam Smucker	Equine Dentistry Noah Esh		Training a Six Year Old Mustang Mark & Sam Smucker	First Time in Shaft Two Year Old Morgan/Standardbred Cross Noah Esh	
Pasture and Field Walks		Live Working Beehive Demo *All Day	Grazing Management Jerry Miller		Mobile Poultry Processing Unit Demo Caleb Stoltzfus	Live Working Beehive Demo *All Day	
Children's and Other Activities		These demo times, subject to change, will be posted on event day.					
		Large Corn Box Open 8:30 - 2:00	Miniature Goat Demo Every Hour	Horse Treadmill Demo	Sheep Herding & Shearing (9:40-10:00, 1:00-1:20)	Barrel Train Rides	Environmentally Friendly Toys (12:00-2:00)

OVERVIEW OF EVENTS

SPECIAL EVENTS TENT

In the Special Events tent, parents can learn from Rachel Weaver, author of Be Your Own Doctor, about children's health issues, followed by a Q&A session. After lunch, Mary Ann Stoltzfus will address How Toxic Chemicals Affect Our Health. Ashley Turner, Gail Delong, and Nancy Stoltzfus will then conduct an ADHD and Learning Disorders Panel during the last session.

FARMSTEAD TENT

The Farmstead Tent topics will include Pastured Poultry for Beginners by Eli Reiff and Mike Badger, followed by an introduction to Beekeeping session by Bruce Gill. In the afternoon, Ralph Buckles will share his experience in Backyard Beekeeping, and in the last session Eli Reiff will be back to share his knowledge of meat curing and smoking.

NOON KEYNOTE ADDRESS BY JERRY MILLER

Enjoy the noon hour listening to Jerry Miller talking about life's journey and community values.

PASTURE WALKS

Take a pasture walk with Jerry Miller to learn about Grazing Management at 10:00. After lunch there will be a Mobile Poultry Processing Equipment demonstration.

HOMEMAKERS TENT

Rhonda Larson will give a water kefir demonstration in the Homemaker's Tent, followed by a panel discussion on preparing healthy food. The afternoon sessions include a tincture workshop taught by Tanya Bucci, and in the final session Janelle Zimmerman will speak to us on the topic of Living Well at Home.

HUMAN HEALTH AND NUTRITION TENT

Dr. Kevin Turner will be teaching Parental Health on Molds and Toxins in the Human Health Tent. Session two will feature Gilbert Hostetter, who will encourage us in Leading our Families to Better Health. After lunch, Gail Delong will share her knowledge of vaccines and autism, and in the final session Dr. Chris Turnpaugh will discuss Lymes Disease.

GARDENERS TENT

In the Gardener's Tent, Gilson Martin will inspire those interested in Gardening for Health, and also Family Friendly Orchardng. Tanya Bucci will instruct us on medicinal herbs, and lastly, Jerry Miller will explain and simplify the art of Backyard Composting.

HORSE ARENA

Mark and Sam Smucker will demonstrate general horse training in the Horse Arena, also Noah Esh will give tips on Equine Dentistry.

Food will be available for donations.
 Questions? Please call 717-925-0503