

Roman's Thoughts

You are invited to a 2021 pasture walk & on-farm field day hosted by the Stoltzfoos family and Lancaster County Graziers, along with some of our helpful advisors here at Springwood Dairy. This will be an opportunity to hear how the advice of outsiders like Dr Silvia, Alvin Peachey, and financial consultants like Ted Lebow from Kitchen Table Consultants affected and changed the way we operate our farm.

There will examples of what they suggested and the changes that we experienced. Here are a few of the questions and ideas that we want to address:

- How can we utilize fall and winter stockpile grazing for a longer grazing season?
- Should we feed molasses or other energy supplements?
- How can we support profitable production without grain?
- Is grain beneficial to cows and profitable in the long run?
- Should I grow row crops and why or why not?
- How can silvopasture benefit pasture and cows?
- How to grow and harvest the best quality hay? These and other questions will be considered presenting you with a good learning opportunity.
- Should I be doing direct marketing: why or why not?



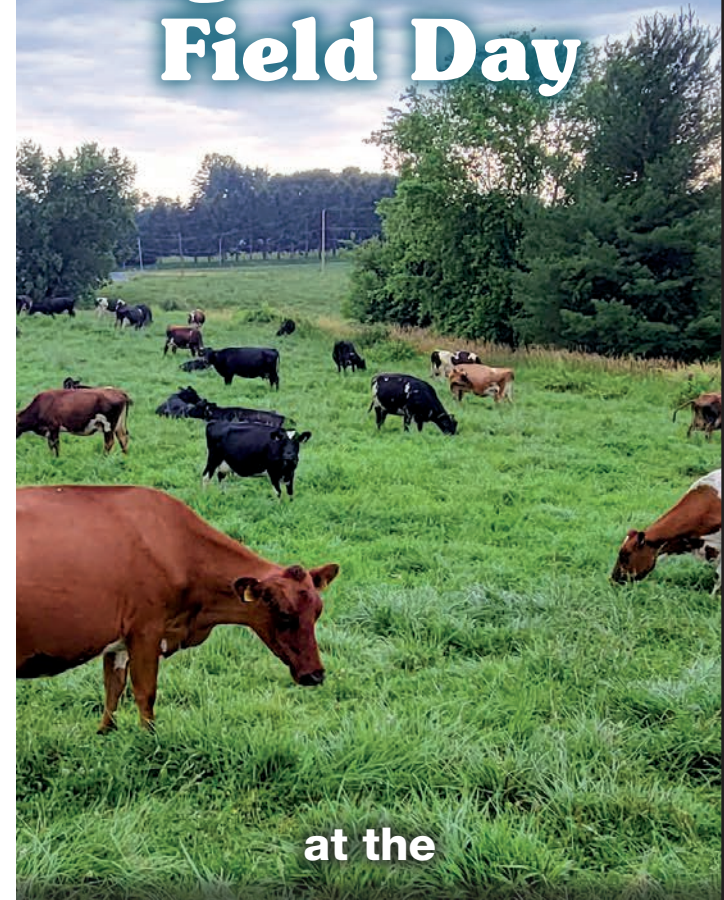
Springwood Organic Farm
1143 Gap Road
Kinzers, PA 17535



You're Invited!
**Regenerating
Agriculture
Field Day**

**Wednesday
July 28, 2021**

You're Invited! **Regenerating Agriculture Field Day**



at the



July 28, 2021
1143 Gap Road, Kinzers, PA

Silvopasture Field Day
at Springwood Organic Farm
Hosted by Organic Valley

Tuesday, July 27
10:00 a.m. – 12:00 p.m.

Tour a silvopasture and discuss the benefits with **Austin Unruh** of **Crow & Berry Land Management** and **Dr. Silvia Abel-Caines** of **CROPP**

Register by July 15

Call 608-632-6251
and leave a message with how many people will attend.

This event and lunch free of charge.

Grass-fed Organic Dairy Financial Workshop
at Springwood Organic Farm

Tuesday, July 27
6:00 p.m.

Ted Lebow from **Kitchen Table Consultants (KTC)**, **Alvin Peachy**, **Dwight Stoltzfoos**, and **Dr Silvia Able-Caines** will be working together to provide an in-depth 2-3 hour workshop showcasing accounting systems and services that work well to put the grass-fed organic dairy farmer in the driver's seat of their finances. Real numbers from Springwood and Saddlers Run dairies will be used to prove that exceeding \$1,000 per cow in net profit is sustainable and doable with current market prices.

This event is free to the attendees of the Wednesday event. Others by donation.

Come Learn With Us!

Regenerating Agriculture Field Day
at Springwood Organic Farm

Wednesday July 28, 2021 • 1143 Gap Road, Kinzers, PA

Practical learning opportunity for serious graziers!

If you are interested in a day of learning about improving pasture and forage quality/quantity, grass fed dairy economics, and more - come join us at Springwood Dairy. Dwight and Roman Stoltzfoos (farm owners), Alvin Peachey (farmer and consultant), and Dr. Silvia Abel-Caines (Organic Valley Staff Veterinarian) will share practical information and lead pasture walks detailing how grass production and cow health and productivity is supported for maximum profit per cow/acre/etc.

To register text 717-799-2874 or call and leave a message at 610-593-2415 with name and number of people attending.

RSVP by Friday, July 23 - \$25.00 per person admission fee paid at the event.

Schedule:

- 8:00** Registration
- 8:30** Opening Thoughts
by Roman and Dwight
- 8:50** Keynote Speech
(The 10 Commandments of Regenerative Grass-fed Dairy)
by Alvin Peachey
- 10:00** Break and Socializing
- 10:30** Pasture/Crop Walk
- 12:30** Lunch (Local Organic Food)
- 1:45** Panel Discussion with
Alvin, Dwight, and Silvia
- 3:30** Closing

Event Sponsored By:

Lancaster County Graziers
King's AgriSeeds
Organic Gut Solutions
Ephrata National Bank
Trees For Graziers
Kitchen Table Consultants
Oasis Creamery
Triple TTT Farms
Keystone Bio-Ag
PASA
Organic Valley Coop